



# Sussex Cyclists' Association

1925-2022

PRESIDENT – Robin Johnson, Brighton Mitre C.C.

## Open 30 miles Time Trial Sunday 24th July 2022

Course G30/91

***Incorporating Sussex Individual, Veterans and Team Championships***  
***Qualifying event for SCA B.A.R. and SCA SPOCO***

**Event Secretary:** Robin Johnson      7 Gorselands, Billingshurst, West Sussex RH14 9TT  
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Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

### HQ

#### Ashington Community Centre

Foster Lane,  
Ashington  
West Sussex

RH20 3PG

Open from 06:00



Parking available at HQ, then use surrounding roads considerably.

TOILET open, access from northern side of the centre. Hall not open; drinks and food outside.

Numbers at HQ only. After the event, please return your race number to outside the event HQ .

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HQ to start: 2.2 miles

Finish to HQ: 3.6 miles

To return to the HQ

Turn right at Wiston Crossroads on the A283

### ***Course Records***

	1:02:49	Colin Ward	2018
Women:	1:16:54	Gina McGeever	2015
Vets:	1:02:49	Colin Ward	2018
Tandem:	1:07:00	Mark Jones + Tony Reeves	2019

## Please note the following CTT regulations and recommendations

**Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

**Competitors' Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

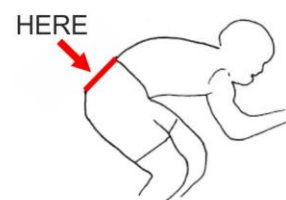
**Observers:** Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

**Results:** No times will be given out at the finish line.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



## Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

### **PREVIOUS WINNERS**

2022			
2021	Matthew Smith	Team TMC	1:03:07
2020	Simon McNamara	HuntBikeWheels.com	1:03:32
2019	Howard Bayley	Blazing Saddles	1:04:34
2018	Colin Ward	Essex Roads CC	1:02:49
2017	Mark Smith	Crawley Whs.	1:04:23
2016	Keith Lea	Paceline RT	1:04:49
2015	Conall Yates	In-Gear Quickvit Trainsharp	1:04:39
2014	Conall Yates	In-Gear Quickvit Trainsharp	1:05:37
2013	Steve Kane	Brighton Excelsior CC	1:06:02

**TIMEKEEPER**

Richard Blackmore

East Grinstead CC

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**Prizes**

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1st Man	£30
2 <sup>nd</sup> Man	£20
3rd Man	£15
4 <sup>th</sup> Man	Wine, value £5.
1 <sup>st</sup> Woman	£30
1 <sup>st</sup> Team	£20 each.

*As a Championship event, this race includes a selection of Trophies, Cups and Medals to be awarded to Sussex CA Riders in various categories:*

First	Championship Cup for a year, and Sussex C.A. medal
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1 <sup>st</sup> woman	Sussex C.A. medal
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1 <sup>st</sup> Team	Sussex C.A. medal
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1 <sup>st</sup> Veteran on CTT Target Time	Sussex C.A. medal
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V.T.T.A. (SURREY/SUSSEX) group Championship "30" – open to Surrey/Sussex VTTA members)

1st on V.T.T.A. standard	Mick Burgess cup for one year + V.T.T.A. medal.
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1st Team of three	V.T.T.A. medals.
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## **PLEASE NOTE**

### **Prize Presentation**

will be held as soon as possible after the event.

### **Lottery Prizes**

2 bottles of wine, to be given out at the prize presentation.

***CTT Regulations require the use of a helmet that meets internationally accepted safety standards for all competitors.***

***CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, and to the front of their machine, a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users.***

***London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.***

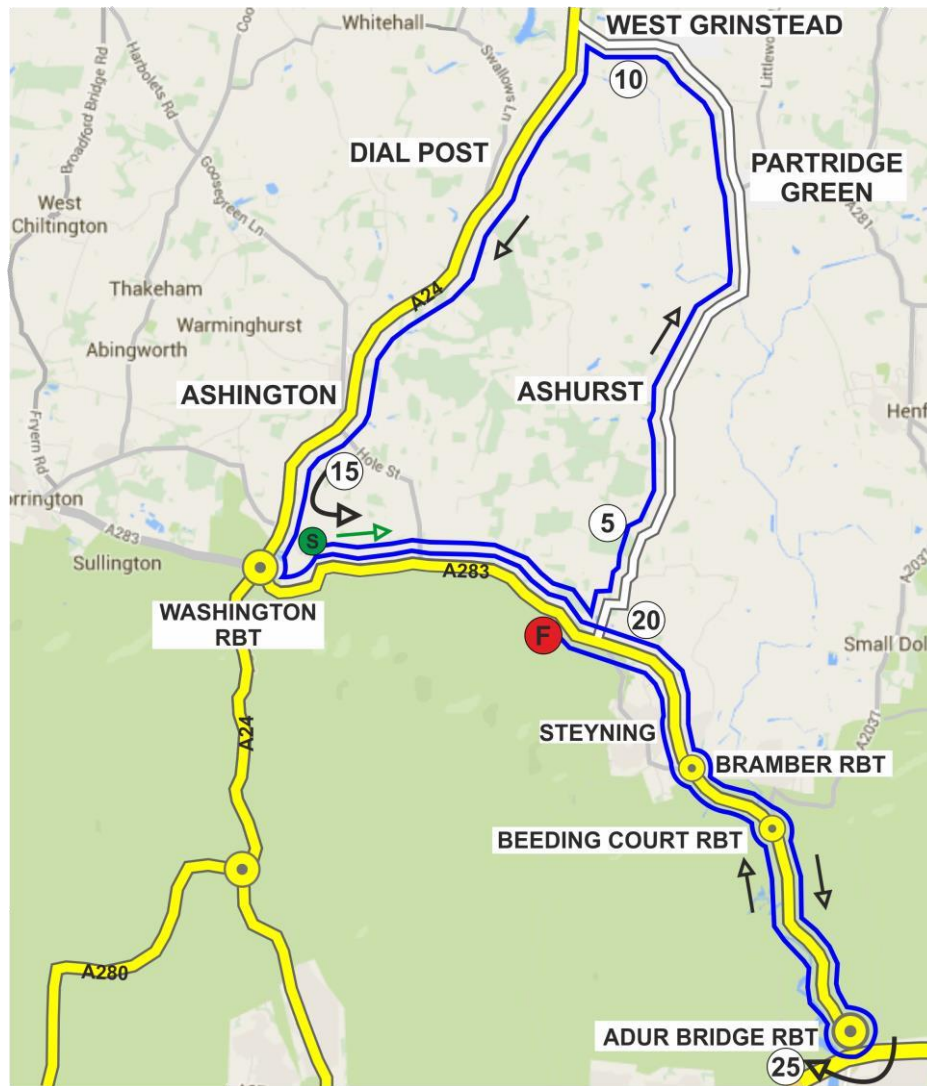
***Under 18 years old riders: Bring a completed Parental Consent form to present before signing-on.  
No form = No ride.***

ORDER OF START:

	start_time	firstname	lastname	club	gender	category	age_g
1	07:01:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	74
2	07:02:00	Alan	Robinson	Central Sussex CC	Male	Veteran	81
3	07:03:00	Peter	Horsfield	Redmon CC	Male	Veteran	72
4	07:04:00	Barrie	Foster	Anerley BC	Male	Veteran	73
5	07:05:00	Mike	Marchant	Southdown Velo	Male	Veteran	65
6	07:06:00	Eimear	D'Arcy	Woking Cycling Club	Female	Veteran	52
7	07:07:00	Robert	Royle-Evatt	Addiscombe CC	Male	Veteran	54
8	07:08:00	John	Blight	Rapha Cycling Club	Male	Senior	32
9	07:09:00	Rick	Hughes	Worthing Excelsior CC	Male	Veteran	59
10	07:10:00	Brian	Molloy	Brighton Excelsior CC	Male	Veteran	54
11	07:11:00	Peter	Owen	Norwood Paragon CC	Male	Veteran	61
12	07:12:00	Donald	Parker	Brighton Mitre CC	Male	Veteran	73
13	07:13:00	Peter	Baker	Lewes Wanderers CC	Male	Veteran	64
14	07:14:00	Colin	Toppin	Worthing Excelsior CC	Male	Veteran	49
15	07:15:00	Tony	Reeves	GS Stella	Male	Veteran	51
16	07:16:00	Ian	Cheesman	Worthing Excelsior CC	Male	Veteran	53
17	07:17:00	Christian	Yates	East Grinstead CC	Male	Veteran	59
18	07:18:00	James	Stone	Brighton Excelsior CC	Male	Veteran	53
19	07:19:00	John	Marinko	Brighton Mitre CC	Male	Veteran	57
20	07:20:00	Tom	Houghton	Team TMC	Male	Veteran	50
21	07:21:00	David	Pollard	VTTA (Surrey/ Sussex)	Male	Veteran	65
22	07:22:00	Kevin	Plummer	Team TMC	Male	Veteran	57
23	07:23:00	Adrian	Blacker	VTTA (Surrey/ Sussex)	Male	Veteran	58
24	07:24:00	Conall	Yates	Team Solo Vinci	Male	Veteran	41
25	07:25:00	Nik	Allen	Team TMC	Male	Veteran	51
26	07:26:00	Simon	McNamara	HuntBikeWheels.com	Male	Veteran	47
27	07:27:00	Matthew	Smith	Team TMC	Male	Senior	38
28	07:28:00	Mark	Smith	Crawley Wheelers	Male	Veteran	48
29	07:29:00	Cris	Coxon	Brighton Mitre CC	Male	Veteran	45
30	07:30:00	James	Boyman	Hoops Velo	Male	Senior	34
31	07:31:00	Christopher	McNamara	Nuun-Sigma Sport-London RT	Male	Veteran	47

Although it's the smallest field in the ten years of this event, it's just 4 down on 2021 and has our classiest collection of riders to date.

## Course G30/91



OS REF (TQ)	COURSE DIRECTIONS – G30/91	MILES	
121134	<b>START</b> in Sandhill Lane, Washington, southeast of Washington RBT (roundabout) 5 yards north of A283 at northern edge of "Sandhill Lane" sign.	0.00	0.00
171125	Join A283 and proceed eastwards along A283 to junction with B2135 at Steyning	3.53	3.53
165214	<b>LEFT</b> and follow B2135 through Ashurst and Partridge Green to T junction with A24 at West Grinstead	7.02	10.55
120134	<b>LEFT</b> into acceleration lane to join A24 south to Washington RBT	5.88	16.43
209065	<b>LEFT</b> 1 <sup>st</sup> exit and follow A283 via Bramber Castle and Beeding Court RBT's to Adur Bridge, Shoreham, where <b>TURN</b>	8.42	24.85
164126	4 <sup>th</sup> exit to retrace via Beeding Court and Bramber Castle RBT's to <b>FINISH</b> at a point 0.44 miles west of Horsham Road T junction (old A283), 0.06 miles west of yellow sign "Chanctonbury House" and opposite 2 foot high wooden pole with "Wildlife Verge" badge.	5.15	30.00



